



(434)439-4942

What to expect after your Root Canal

It's normal to experience some discomfort for several days after root canal therapy, especially when chewing. Over-the-counter medicine such as **Advil** or **Tylenol** taken with food every **4-6 hours**, should relieve the discomfort. If you experience **swelling** or **discomfort** that is not relieved by these medications, contact our office or the after-hours emergency number.

If you take certain medications or have certain health conditions (heart problems, diabetes, if you are pregnant, etc.) please take the over the counter medications recommended by your physician.

You may have something to drink after treatment, however, avoid drinking hot beverages and chewing on the side of treated tooth/teeth until the numbness has worn off to avoid biting your cheek or tongue.

A temporary or permanent filling has been placed to protect your tooth. If you have a temporary filling, please avoid anything sticky or chewy until permanent filling is placed.

Once a tooth has received root canal therapy, it becomes brittle and weak. For this reason, the tooth will require a crown for its protection. Without this protection, there is a significant chance the tooth will fracture and break requiring an extraction. Your general dentist will determine how to restore your tooth. A report and copies of your images will be sent to your dentist informing them that treatment has been completed. If you have any questions or concerns regarding your treatment, please do not hesitate to call or text us at 434-439-4942.